

# PURSUING THE ADVENTURE OF AUTHENTIC MANHOOD

## SESSION 6

### FACING THE FATHER WOUND

#### I. Let's summarize where we are...

A. We are in the process of seeking to make sense of why we are the way we are.

1. Each of us has a story to tell.
2. Each of us is, to some degree, a product of the past.
3. Each of us is, in some ways, controlled by the past until we consciously and willfully choose to break that control.

B. We are exploring the first of five major wounds in life that shape us.

C. This wound is being inflicted upon sons at epidemic levels today.

#### II. Eight Proactive Remedies for the Absent Father Wound

A. If you're a Dad, make sure your son has "the essentials."

MAKE SURE HE HEARS...	MAKE SURE HE HAS...
<ol style="list-style-type: none"><li>1. "I love you." (affection)</li><li>2. "I'm proud of you." (admiration)</li><li>3. "You're good." (affirmation)</li></ol>	<ol style="list-style-type: none"><li>1. A Manhood Vision (and a manhood ceremony that seals it)</li><li>2. A code of conduct (that you live by)</li><li>3. A transcendent cause (something to live for other than himself)</li></ol>

# PURSuing THE ADVENTURE OF AUTHENTIC MANHOOD

---

## SESSION 6

### FACING THE FATHER WOUND

B. If you're a Dad... it's never too late to “ \_\_\_close the gap\_\_\_\_\_” with your son, no matter how old.

C. If you're a single Dad, or a Dad separated from your son by divorce, or a Dad who has inherited a son through remarriage, \_\_\_seek help and a sound strategy\_\_.

D. If you're a son wounded by Dad... choose to touch this wound \_\_\_responsibly\_\_\_\_\_.

1. By choosing to \_\_\_forgive\_\_\_\_\_ your Dad.

2. By choosing to believe in \_\_\_God's justice\_\_\_\_\_.

E. If you're a son wounded by Dad... \_\_\_courageously seek reconciliation\_\_\_\_\_ with your father.

1. There may be separation between you and your Dad that springs from Dad's \_\_\_relational shortcomings\_\_\_\_\_. Don't let that stop you!

2. There may be separation between you and your Dad that springs from \_\_\_past conflict\_\_\_\_\_. You need to clean it up!

F. If you're a son wounded by Dad... risk asking for your \_\_\_father's love\_\_\_\_\_.

G. If you're a son wounded by Dad... risk asking for your \_\_\_father's blessing\_\_\_\_\_.

H. If you're a son wounded by Dad... \_\_\_reclaim\_\_\_\_\_ the relationship you missed by becoming a \_\_\_good Dad\_\_\_\_\_ to your children.

#### Questions for Your Small Group

1. Have you released Dad and assumed responsibility for your own life? If you could sit down and “bare your soul” to your father, what would you say to him?

2. Which of the eight father wound remedies could you apply to your life right now? Explain.

3. What do your children need from you right now? Are there things you are doing (or not doing) that may cause your children to be wounded later in life?