

# PURSuing THE ADVENTURE OF AUTHENTIC MANHOOD

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## SESSION 4

### THE SECOND STEP TO AUTHENTIC MANHOOD: UNPACKING

#### I. A summary of why men struggle today:

- A. Some of it has to do with \_\_\_\_\_ *society* \_\_\_\_\_.
- B. Some of it has to do with \_\_\_\_\_ *family dynamics* \_\_\_\_\_.
- C. Some of it has to do with \_\_\_\_\_ *Dad* \_\_\_\_\_.

#### II. Authentic Manhood revolves around three critical issues:

A. Addressing the \_\_\_\_\_ *unfinished business* \_\_\_\_\_ of my past.

1. What do we mean by wound?

A wound is... any \_\_\_\_\_ *unresolved issue* \_\_\_\_\_ where lack of closure adversely impacts and shapes the \_\_\_\_\_ *direction* \_\_\_\_\_ and \_\_\_\_\_ *dynamics* \_\_\_\_\_ of a man's life now.

2. Unpacking the past: Five wounds men must deal with:

- a. The \_\_\_\_\_ *Absent Father* \_\_\_\_\_ Wound
- b. The Overly \_\_\_\_\_ *Bonded* \_\_\_\_\_ with \_\_\_\_\_ *Mother* \_\_\_\_\_ Wound
- c. The \_\_\_\_\_ *All Alone* \_\_\_\_\_ Wound
- d. The Lack of a Manhood \_\_\_\_\_ *Vision* \_\_\_\_\_ Wound
- e. The \_\_\_\_\_ *Heart* \_\_\_\_\_ Wound

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- B. Establishing a clear and compelling manhood \_\_*vision*\_\_\_\_\_.
  
- C. Creating a high impact, workable \_\_*plan*\_\_\_\_\_ for my life.

#### **Questions for Your Small Group**

1. Which kind of “suitcase” do you think you carry: a small one? A medium sized one? A large one? Don’t know? Explain.
  
2. With which of the five wounds Keith unpacked this morning could you feel an immediate identification? Why?
  
3. If you could describe your Dad in three words, what would those three words be and why?