

**Lesson 2: Is it Me, Is it Them,
Or Are We Both in Trouble?**
Psalm 7

It appears probable that Cush the Benjamite had accused David to Saul of treasonable conspiracy against his royal authority.

Verses 1-2-Lord save me from my enemies. Why do I cry to you for help? Because I know that in my own strength I cannot defeat all my enemies (people, lusts, temptations, trials, tests). Help me to remember today that only you can defeat my weaknesses and make them seem strong.

Verses 3-5-If I have brought the trouble on myself, then help me to learn a lesson through it. If I have not, deliver me.

- I am not as concerned about what others think as much as what God thinks. However, what others say may hurt kingdom work.

David had been careful to avoid any appearance of rebellion against Saul, whom he constantly styled "the Lord's anointed;" but all this could not protect him from lying tongues.

- As the shadow follows the substance, so envy pursues goodness.
- It is only at the tree laden with fruit that men throw stones.
- If we would live without being slandered we must wait till we get to heaven.
- Let us be very heedful not to believe the flying rumours which are always harassing gracious men.
- If there are no believers in lies there will be but a dull market in falsehood, and good men's characters will be safe.

Verse 4: The best revenge.

- Evil for good is devil like,
- evil for evil is beast like,
- good for good is man like,
- good for evil is God like.

Verses 6-11-David asked God to judge his enemies and himself.

Verses 12-17-The trouble a person causes will come back on his own head. This is so true. People many times are their own worst enemies.

- Satan is not afraid of the church as long as believers treat one another the way they do in our day. Suspicion, Doubts, Slander, Gossip, Distrust.
- V.17 I will praise the LORD according to his righteousness: and will sing praise to the name of the LORD most high.