

# Diaper Changing Procedure

## Gather materials:

- \* Clean diaper
- \* Wax paper
- \* Latex gloves
- \* Baby wipes
- \* Plastic changing mat

## Procedure Set up:

- \* Put on gloves.
- \* Place wax paper on mat or bed.
- \* Place clean diaper on top of wax paper.
- \* Place another piece of wax paper over clean diaper.

## Changing Procedure:

- \* Lay child on top of wax paper and clean diaper.
- \* Unfasten soiled diaper.
- \* Wipe the child with wipes from **front** to **back** area.
- \* Put soiled wipes into soiled diaper.
- \* Roll soiled wipe, soiled diaper, wax paper into a ball.
- \* Fasten clean diaper on the child.

## Disposal of Soiled Diaper:

- \* Hold soiled diaper package in one gloved hand.
- \* Using the other hand, remove the glove from the wrist and covering the soiled diaper.
- \* Repeat the process - both gloves seal the diaper.
- \* Place soiled diaper material in diaper pail or trash can.

**WASH YOUR HANDS TO PREVENT THE SPREAD OF DISEASE!**