



Pickleball Guidelines

Welcome to the Recreation Outreach Ministry at Cottage Hill Baptist Church. Pickleball has been gaining momentum in the Mobile area and we are excited to extend Pickleball as a seasonal offering. Pickleball play is an activity in which players may compete in a fun and nonadversarial manner, utilizing pickleball etiquette to allow players to rotate, so that everyone gets a chance to play. We do recommend reservations to insure that we have advanced notice as to whether one court or two courts are warranted. Reservations may be made through the Mindbody app, <https://getmndbdy.ly/Okc1ERt1heb> or by calling 251-662-8655 or email dianec@cottagehill.org Cost to play is \$3 per day, or 8 for \$20. Eligible Silver Sneakers participants may play for free.*

Our gym is a multi-purpose facility, used primarily for our Academy during the day as well as seasonally for basketball and volleyball practice/games. Occasionally, church activities may be planned for the gym. Pickleball will be offered while the above sports are not in season.

We realize that pickleball can be very competitive, but regardless of this environment, the atmosphere within our gym will not be compromised. The time allotted for Pickleball, as with any of our activities, will be filled with fun, pleasant, and clean communication among players. No foul, profane or otherwise provocative talk will be tolerated.

Please direct any questions to the staff or volunteers at the recreation desk. Thank you for coming to The ROC @ Cottage Hill Baptist Church. We hope you enjoy good fellowship and exercise.

*Silver Sneakers participants must fill out required paperwork and present Silver Sneakers card upon arrival, to be scanned on Tivity Insurance Portal.